

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 6-month-old—a great way to have fun together and support your child’s social-emotional development.

Shared Reading

Read to your baby. Snuggle up close and point to pictures, and talk about what you are seeing. Your baby will begin to choose favorite books as they get a bit older.

Materials Needed: Children’s books

Singing to Baby

Sing songs to your baby and tell them nursery rhymes. Make up songs about your baby using their name. This will make them feel special and loved.

Materials Needed: None

Back and Forth

“Talk” with your baby. When your baby makes a sound, imitate the sound back to them. Go back and forth for as long as possible.

Materials Needed: None



NOTES: _____

ASQ[®]:SE-2 Activities

AGE 6
MONTHS

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 6-month-old—a great way to have fun together and support your child's social-emotional development.

New Views

Place your baby in new areas or in new positions when you are at home. The world looks very different from a new spot!

Materials Needed: None

Playful Games

Play Peekaboo and Pat-a-cake with your baby. Be playful, have fun, and laugh with your baby. They will respond with smiles and laughs.

Materials Needed: None

Exploring New Things

Provide new, safe objects for your baby to explore.* Everything is interesting to them. Large wooden spoons and a soft baby brush are new things to learn about.

**Be sure to review safety guidelines with your healthcare provider.*

Materials Needed: Child-safe objects



Want to learn about developmental milestones for your 6-month-old?

Visit <https://bpub.fyi/CDC6month>