

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 42-month-old—a great way to have fun together and support your child’s social-emotional development.

How Are You Feeling?

Encourage your child to identify and label their emotions and those of other children or adults.

Materials Needed: None

Pretend Friends

Many children this age will have imaginary friends. Let your child talk and play with these pretend playmates.

Materials Needed: None

Together Time

Have a special reading time each day. Snuggle up and get close. Slowly increase the length of the stories so your child can sit and listen a little longer.

Materials Needed: Children’s books



NOTES: _____

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Danger Awareness

Talk with your child about possible dangers in your home, such as electrical outlets and stove-tops. Talk about outdoor dangers, too, such as crossing the street or talking with strangers.*

**Be sure to review safety guidelines with your healthcare provider.*

Materials Needed: None

Daily Praise

Remember at least once a day to hug and cuddle and to praise your child for new skills. Praise independence, creativity, expressing emotions, and sharing toys.

Materials Needed: None

Nursery Rhymes

Tell your child a favorite nursery rhyme and ask them how the characters in the story felt.

Materials Needed: Nursery rhymes or children's stories



Want to learn about developmental milestones for your 42-month-old?

Visit <https://bpub.fyi/CDC42month>