

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 30-month-old—a great way to have fun together and support your child’s social-emotional development.

Baby Stories

Tell your child funny stories about things they did when they were a baby. Begin a favorite story and see if your child can tell you what happened next.

Materials Needed: None

Drawing Emotions

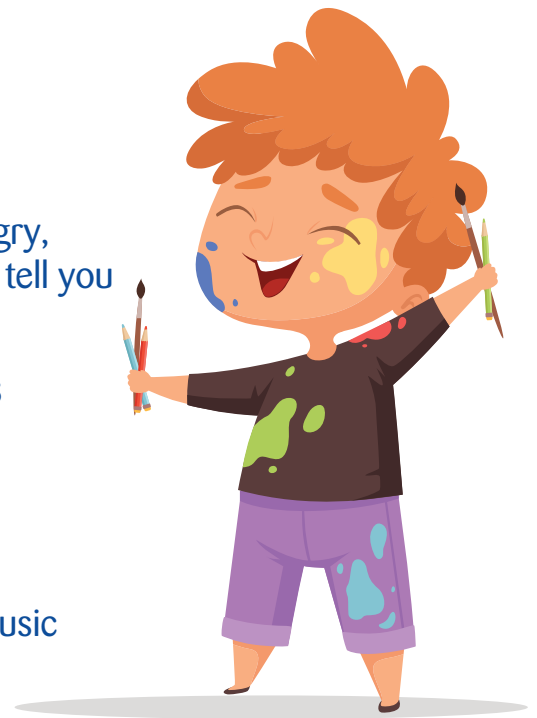
Draw and cut out faces that show different feelings, such as angry, frustrated, and happy. Encourage your child to use the faces to tell you how they are feeling.

Materials Needed: Pencil & paper, child-safe scissors

Concert Time

Sing songs and dance with your child. Play different types of music from the radio. Make simple instruments from boxes, oatmeal canisters, or yogurt tubs.

Materials Needed: Music and speakers, objects to make instruments



NOTES: _____



Activities

AGE 30
MONTHS

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Family Photos

Show your child family photos. Talk about the people in the pictures and who they are. Say “*That is your Uncle Ling.*” Can your child tell you who the people are?

Materials Needed: Family photos

What’s Their Name?

Encourage your child to tell you their name and age. Sometimes, making up a rhyme or song about their name will help them remember. See if they can tell you the names of friends and teachers.

Materials Needed: None

Love, Love, Love!

Tell your child every day how much you love them. Give them little kisses on their nose, ears, and fingers. Say “*I love your nose! I love your ear! I love your finger! I love you!*”

Materials Needed: None



Want to learn about developmental milestones for your 30-month-old?

Visit <https://bpub.fyi/CDC30month>