# ASQ:SE2 Activities

### HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 2-year-old—a great way to have fun together and support your child's social-emotional development.

## Learning to Share

Stay nearby to help your child learn about taking turns during play with friends. It is early to know how to share. Talking about turns will help them learn.

Materials Needed: Toys or other objects for sharing

### Secret Hideout

Your child might enjoy having a little place to hide. Use a blanket or sheet to make a tent or secret spot for them to play in.

#### **Materials Needed: Blanket or sheet**

## Enjoying the Little Things

Everything is new to your toddler. They can observe some weeds growing on a path or a bird pecking for seeds. Take some time to see the little things with them.

### **Materials Needed: None**



NOTES:



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## 🗌 I Can Do It

Let your child do more things for herself.<sup>\*</sup> Put a stool near the sink so they can wash their hands and brush their teeth. Let them pick out clothes and help dress themselves.

### **Materials Needed: Small stool**

\*Be sure to review safety guidelines with your health care provider

## 🗌 Clean Up Time

Your child can help clean up after playtimes. Make it simple by putting things in a big tub or box and help them clean. Clap and praise them for their help.

Materials Needed: Toys and a storage bin

### Praise, Praise, Praise!

Let your toddler know how special they are! They will love to be praised for new things they learn how to do. Say, *"You are so helpful. Wow, you did it yourself!"* 

### **Materials Needed: None**



Want to learn about developmental milestones for your 2-year-old? Visit https://bpub.fyi/CDC2year