



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 6-month-old—a great way to have fun together and encourage your child’s healthy development.

Peekaboo

Play Peekaboo with hands or a cloth. Put the cloth over your face first. Then, let your baby hide. Pull the cloth off if your baby can’t. Encourage them to play and take turns.

Developmental Areas: Personal-Social

Materials Needed: Cloth

Poking Around

Your baby will begin using their index fingers to poke. Let your baby poke at a play telephone or busy box. Your baby will want to poke at faces, too. Name the body parts as your baby touches your face.

Developmental Areas: Fine Motor

Materials Needed: None



NOTES: _____



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Reach for the Toy

With your baby lying on their back, place a toy within sight but out of reach of your baby. Or, move a toy across your baby's visual range. Encourage them to roll to get the toy.

Developmental Areas: Gross Motor, Problem Solving

Materials Needed: Toy

Papers to Pull

Fill an empty tissue box with strips of paper. Your baby will love pulling them out. Do not use colored newsprint or magazines, though; they are toxic. And, **never** use plastic bags or wrap.

Developmental Areas: Fine Motor

Materials Needed: Tissue box; strips of paper



Want to learn about developmental milestones for your 6-month-old?

Visit <https://bpub.fyi/CDC6month>