



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 54-month-old—a great way to have fun together and encourage your child’s healthy development.

Who, What, and Where

Play the “who, what, and where” game. Ask your child who works in a school, what is in a school, and where is the school. Expand on your child’s answers by asking more questions. Ask about other topics, like the library, bus stop, or post office.

Developmental Areas: Communication

Materials Needed: None

Playdough Person

Make a person with playdough or clay using sticks, buttons, toothpicks, beads, and any other small items. Start with a playdough (or clay) head and body and use the objects for arms, legs, and eyes. Ask your child questions about their person.

Developmental Areas: Fine Motor, Personal-Social

Materials Needed: Playdough or clay; sticks, beads, sticks, etc. for decorating



NOTES: _____



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 54-month-old—a great way to have fun together and encourage your child's healthy development.

Memory Matching

Make a simple concentration game with two or three pairs of duplicate playing cards (two king of hearts), or make your own cards out of duplicate pictures or magazine ads. Start with two or three pairs of cards. Turn them face down and mix them up. Let your child turn two cards over to see if they match. If they don't, turn the cards face down again. You can gradually increase to playing with more pairs of cards.

Developmental Areas: Problem Solving

Materials Needed: A few packs of playing cards

Charades

Pretend to be an animal. Encourage your child to use their imagination and become a kitty. You can ask, "What do kitties like to eat?" or "Where do kitties live?" Play along and see how far the game can go.

Developmental Areas: Personal-Social, Gross Motor

Materials Needed: None



Want to learn about developmental milestones for your child?

Visit <https://bpub.fyi/CDC54month>