



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 30-month-old—a great way to have fun together and encourage your child's healthy development.

Matching Game

A good game for trips in the car is to play a game with a set of matching cards. Place a few cards in front of your child. Give your child a card that matches one displayed and ask them to find the card like the one you gave them.

Developmental Areas: Problem Solving

Materials Needed: Matching cards

Location Words

A good activity to learn location words is to build roads and bridges with blocks. Use toy cars to go on the road, under and over the bridge, between the houses, and so forth.

Developmental Areas: Communication

Materials Needed: Blocks; toy cars



NOTES: _____



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Listen Closely!

Enhance listening skills by playing compact discs, cassettes, or MP3s with both slow and fast music. Songs with speed changes are great. Show your child how to move fast or slow with the music. (You might find children's music at your local library)

Developmental Areas: Communication, Gross Motor

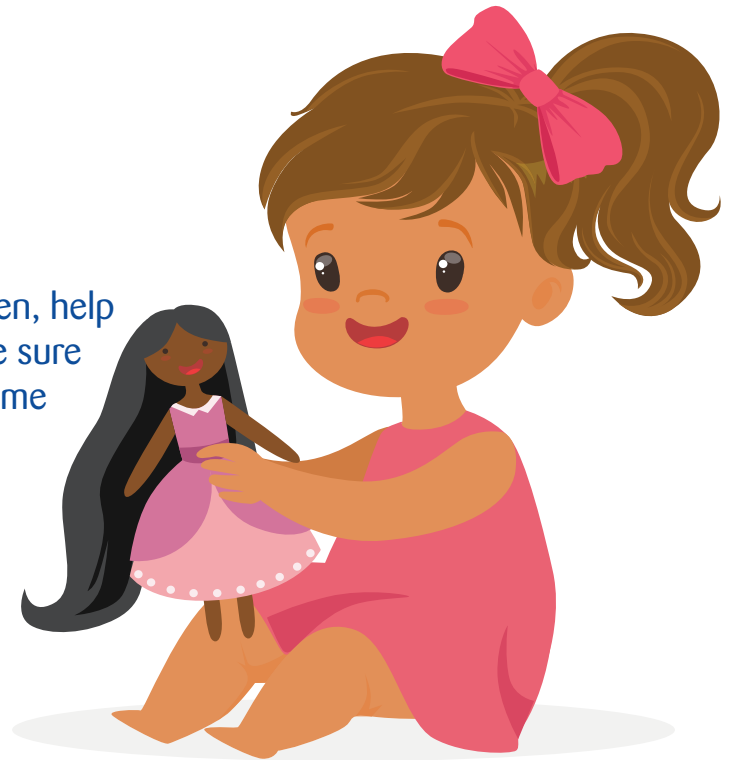
Materials Needed: Music; speakers

Let's Somersault

Teach somersaults by doing one yourself, first. Then, help your child do one. Let your child try it alone. Make sure furniture is out of the way. You may want to put some pillows on the floor for safety.

Developmental Areas: Gross Motor

Materials Needed: None



Want to learn about developmental milestones for your child?

Visit <https://bpub.fyi/CDC30month>