



# Activities



## HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 3-year-old—a great way to have fun together and encourage your child’s healthy development.

### Sharing is Caring

Encourage your child’s “sharing skills” by making a play corner in your home. Include only two children to start (a brother, sister, or friend) and have a few of the same type of toys available so that the children don’t have to share all of the time. Puppets or blocks are good because they encourage playing together. If needed, use an oven timer with a bell to allow the children equal time with the toys.

**Developmental Areas: Personal-Social**

**Materials Needed: Toys (some of the same); Puppets or blocks; Timer**

### Numbers to Know

Talk about the number 3. Read stories that have 3 in them (The Three Billy Goats Gruff, Three Little Pigs, The Three Bears). Encourage your child to count to 3 using similar objects (rocks, cards, blocks). Talk about being 3 years old. After your child gets the idea, move up to the numbers 4, 5, and so forth as long as your child is interested.

**Developmental Areas: Communication**

**Materials Needed: Books with numbers; Objects for counting**



**NOTES:** \_\_\_\_\_  
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### Bird Feeder Bonanza

Make a bird feeder using peanut butter and bird seed. Help your child find a pine cone or piece of wood to spread peanut butter on. Roll in or sprinkle with seeds and hang in a tree or outside a window. While your child watches the birds, ask them about the number, size, and color of the different birds that visit.

**Developmental Areas:** Fine Motor, Communication

**Materials Needed:** Peanut butter; Pinecone or piece of wood; Bird seed

### Similar and Different

Put out several objects that are familiar to your child (brush, coat, banana, spoon, book). Ask your child to show you which one you can eat or which one you wear outside. Help your child put the objects in groups that go together, such as “things that we eat” and “things that we wear.”

**Developmental Areas:** Problem Solving

**Materials Needed:** Objects of different uses (clothing, food, electronics, etc.)



Want to learn about developmental milestones for your 3-year-old?

Visit <https://bpub.fyi/CDC3year>