Using ASQ®:SE-2 Effectively with Parents During Virtual Screening Interviews

May 2020

Download slide handouts and other resources at bpub.fyi/ASQVirtualEnv
Webinar Goal

Learn how to support families and continue social-emotional screening during the health crisis

Presenters

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Scope of Webinar

■ Navigating our current environment for screening
■ Focusing on ASQ:SE-2 administration

□ Note: Find the webinar for ASQ-3 virtual screening available at bpub.fyi/ASQ3-Virt-Env-Webinar

Focused Objectives for Today

■ Recognize the challenges and opportunities for implementing screening during the health crisis
■ Identify options to access ASQ:SE-2 questionnaires and tools available to score and document results and follow-up
■ Describe considerations and resources for remote delivery of screening to families during the health crisis
ASQ:SE-2—Key Features

- Examines social-competence and problem behaviors
- High scores indicate concerns
- Behavior interpreted through caregiver’s lens
- Not unusual for results to vary between caregivers—no right/wrong reports

Identifies behaviors of concern for follow-up

Challenges & Opportunities

- Social distancing
- Poor connectivity
- Device limitations
- Stress

- Family empowerment
- Professional support within boundaries
- Social-emotional well-being focus during crisis
How can I deliver ASQ:SE-2 questionnaires in virtual environments?

Questionnaire Delivery: Online

- ASQ Online: Secure, subscription-based system with data management, online questionnaire completion, and reporting
- ASQ Family Access: Allows parents to view, print, and complete questionnaires at secure website
- Programs email the link to parents or add a link on their program website
Questionnaire Delivery: Online

- Learn more about ASQ Online
  bpub.fyi/ASQOnline

- Join us for a free demo
  bpub.fyi/ASQOnline-Demo

Interactive Video Conferencing (IVC) Screening

Option 1
- Parent completes ASQ:SE-2 using Family Access in advance of visit
- Professional and parent view results together through screen share

Option 2
- Parent views questionnaire using Family Access
- Parent answers questions verbally and professional records answers in ASQ Online
Questionnaire Delivery: Text

- Special Release of ASQ:SE-2 questionnaires in JPEG format; one image per questionnaire page
- Images can be texted to parents who don’t have internet access
- For interview, not completion—may be used to support virtual one-on-one parent conferences by direct service providers
- Images can be used by professionals who don’t currently have access to program’s ASQ:SE-2 box, files, or ASQ Online

Also fillable PDFs of Item Response Sheets and Information Summary sheets

Professionals use Item Response Sheets to record responses and score; Information Summaries to review results and follow-up.
O = often or always
S = sometimes
R = rarely or never

1. Transfer item response points to the Item
   description column.
2. Enter 5 points in the Concern score column.
3. Circle YES or NO for Overall items.
4. Record any item comments or notes.

Item no. | Item description
--- | ---
0 5 10 | Calms within half hour when upset?
0 5 10 | Likes to be picked up and held?
10 5 0 | Stiffens and arches back when picked up?

2 Month Item Response Sheet

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Interactive Video Conferencing (IVC) Screening

- Professional sends images of questionnaire prior to meeting
- Parent can review items prior to the video meeting; they can record answers on scrap paper
- Parent and professional discuss items during IVC
- Professional records parent responses on paper or via fillable Item Response Sheet
**Telecommunication Screening**

- Professional sends images of questionnaire prior to meeting
- Parent can review items prior to phone meeting; they can record answers on scrap paper
- Parents answer items in interview format with professional
- Professional records parent responses on paper, in ASQ Online, or via fillable Item Response Sheet

**Access to Special Release**

- Program administrators can apply for access to the special release
- This alternative format is authorized for use through September 1, 2020
How can I support and engage parents while implementing ASQ:SE-2 in virtual environments?
Break Down Steps for a Virtual Environment

1. Prepare parent for screening
2. Introduce screening and ASQ:SE-2
3. Support administration
4. Document parent responses
5. Score and share results
6. Support follow-up

Virtual Screening:
1. Prepare parent for screening

Close to target screening date, reach out and send materials using the method the parent prefers:

- ASQ:SE-2 Parent Guide
- Correct ASQ:SE-2 questionnaire for child’s age
- Options for sharing:
  - Mail paper questionnaire
  - Email guide with Family Access URL (and instructions to access or print questionnaire)
  - Text JPEG images of questionnaire pages and guide
Virtual Screening:
2. Introduce screening and ASQ:SE-2

Close to or on target screening date (TSD), review with the parent:

■ ASQ:SE-2 Parent Guide
  □ What is Screening & Why is it Important?
  □ What is ASQ:SE-2?
■ How can I support you to complete ASQ:SE-2?

Virtual Screening:
3. Support administration

On target screening date, go through ASQ:SE-2 together:

■ Parent may complete ASQ:SE-2 independently
■ Parent and provider complete ASQ:SE-2 in an interview format*
■ Ask for more information about any items of concern as appropriate: “Can you tell me more about...?”

*Be careful not to influence the parent’s responses or share your opinions about the child’s behavior during ASQ:SE-2 administration.
Virtual Screening:
4. Document parent responses

During the virtual screening, record parent responses:
- Use ASQ Online
- Use a paper copy of ASQ:SE-2
- Use a paper master of ASQ:SE-2 with plastic sleeves and a dry-erase marker
- Use Special Release fillable ASQ:SE-2 Item Response Sheet (also totals scores!)
- Score and chart as required after the virtual screening conference/call

Virtual Screening:
5. Score ASQ:SE-2 and Share Results

Within 1 week of target screening date, discuss results with parent:
- Begin the meeting by celebrating the child
- Review completed ASQ:SE-2
  - Discuss child’s strengths (items scored as 0 points)
  - Discuss items scored as 10 or 15 points
  - Discuss concerns noted in the Overall section
- Discuss results (on-schedule, monitor, referral area)—record on the Information Summary sheet
Virtual Screening:
6. Support follow-up

- Parent takes the lead in follow-up decisions
- Offer follow-up for any concerns identified, regardless of total ASQ:SE-2 score
- Facilitate referrals if safe and available—use professional judgement
- Monitor child’s development
- REMEMBER: Screening is a service.

Follow up may be on-going check-ins and conversations, information and resource sharing, or referrals for further evaluation.

Virtual follow-up with ASQ:SE-2
Provide Follow-Up

Offer follow-up options when ASQ:SE-2 results:

- Are in the monitoring area
  - Pay special attention to “Internalizers”
- For any items scored as 10 or 15 points
- Include any overall parent concerns

Monitor the child’s behavior closely with parent and refer to specialist if concerns continue!

Provider Role in Follow-up

- Share resources that address parent concerns
  - Offer 1 or 2 resources in a format parent prefers (written, video, text, etc.)
  - Review resources together
  - Demonstrate and/or discuss ideas, strategies
  - Encourage parent to try ideas with child

- Check back in with parents at next visit
  - “How did it go? How did your child respond?”

- Engage in active listening
  - Use strengths-based language
  - Demonstrate sensitivity and offer encouragement
Provider Role in Follow-up

All families need: Practical Support
- Obtaining ASQ:SE-2 and follow-up resources

Many families need: Additional Support
- Simplifying information
- Making it relevant to the family and parenting practices
- Parenting and emotional support—when challenges arise

ASQ:SE-2 Learning Activities

Age-appropriate handouts focused on social-emotional needs:
- Newsletters
- Parent–child activities supporting social-emotional development
- Tip sheets: Feeding, Sleeping, Calming
- Special topic tip sheets

Handouts can be emailed to families
ASQ:SE-2 Learning Activities

Resources for Self-Regulation

- Age-appropriate newsletters
- Age-appropriate activities
- Calming tip sheet
- Special Topic tip sheets:
  - Calming a Colicky Baby
  - Caring for Yourself
  - Media and Technology
  - Routines and Your Child
  - Stress and Your Child
  - Positive Discipline
A Few Favorite Follow-up Resources

National Center for Pyramid Model Innovations (NCPMI)

Find free resources: webinars, family engagement materials, tip sheets, podcasts, etc.

Center on the Developing Child
HARVARD UNIVERSITY

Resources:
Videos
Briefs
Infographics
Handouts
Podcasts
Smartphone apps
Presentations
Training modules

How to Support Children (and Yourself) During the COVID-19 Outbreak

The coronavirus outbreak has changed many things about our daily lives. As parents during this uncertain time, it’s important that our children are still learning, growing, and developing. Everyone can help support a child’s healthy development and it may even help relieve your stress. Just a few minutes and some simple, fun activities can make a difference.

1. Practice "name and return," or back and forth interaction with your child. Even before they learn to talk, babies need to have a chance to engage with you. When young children "name and return," it’s important to "humbly" hold their attention. It can be as simple as a game of peek-a-boo, or it could involve a short rhyme or a song.

Helpful Resources:
- Videos: "Shaping for Brain Building: Senses and Return" (Center on the Developing Child)
- Handouts: "Senses and Return for Parents & Caregivers" (Center on the Developing Child)
- Podcast: "The Role of Play: The Learning Environment" (Center on the Developing Child)
- Videos: "Mindfulness Strategies for Children" with Center Director Jack P. Shonkoff, M.D. (HSCPT)
- Smartphone Apps: "Calm" and "Hedera"

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Parent Favorites

A collection of our highest trending resources for parents.

There is no such thing as a perfect parent. Parenting is an ongoing process of learning who your individual child is and what he needs to thrive.

Our resources are designed to help you tune in to what makes your child tick, and to guide you in thinking about the best way to meet your child’s individual needs.

Sign-up for our Parenting Newsletter!

Our newsletter, from Baby to Big Kid, offers science-based information on how to help learn and your young family thrive. It is a must-read for all parents, from 0 to 6 years old.

REGISTER FOR BABY TO BIG KID

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National Center for Pyramid Model Innovations (NCPMI)

Resource Library

Filters
Category:  All
Resource Type:  All
Audience:  Families
Language:  All

Tips for Supporting Yourself During the Pandemic (Spanish)

Tips for Supporting Yourself During the Pandemic

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Resources for Professionals

- Age calculator—calculates child’s age/adjusted age
- Adjusted scoring calculator—calculates score with omitted items (up to 3 items can be omitted)
- Available free on ASQ website or app

![ASQ Age Calculator](image)

![Adjusted Score](image)
Resources for Professionals

- Free, monthly ASQ newsletter
  Sign up at bpub.fyi/ASQ-Newsletter
- www.agesandstages.com
Certificate

- Download a blank certificate at bpub.fyi/ASQSE2-Web-Cert

Questions?

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