

# Administering ASQ<sup>®</sup>-3 in Virtual Environments: Guidelines for Providers Working Together with Parents

1–2 weeks before target screening date

A few days before target screening date

#### 1. Prepare parent for screening.

- Send what's needed to the parent:
  - o ASQ-3 Parent Guide
  - ASQ-3 Materials List
  - Correct ASQ-3 questionnaire for child's age (HINT: Use ASQ Calculator App)
- Use the parent's preferred method:
  - o Mail paper questionnaire.
  - Email guide and list with online Family Access URL (and instructions to download/print questionnaire).
  - Text jpg images.

### 2. Introduce screening and ASQ-3 using video conferencing or phone.

- Review ASQ-3 Parent Guide and ASQ-3 questionnaire with the parent.
- Schedule home visit to go through **ASQ-3 questionnaire** responses together.
- Ask the parent:
  - "Do you have any questions?"
  - "Do you have any concerns about completing ASQ-3?"
  - "What do you need to get started? We will go through ASQ-3 together at our next visit, but it would be great to start looking for or trying some of these activities over the next few days."
  - "How can I help support you?"

## 3. Support parent to gather and adapt materials/activities as needed using video conferencing or phone.

- Review ASQ-3 Materials List with the parent.
  - If a family does not have needed materials, problem solve with the parent how to make or use other materials in the home to elicit the skill.
  - See ASQ-3 Materials & Item Adaptation Guide for guidance and suggestions.
- Omit items if materials are unavailable or cannot be adapted; follow ASQ-3 rules for omitting items:
  - Up to 2 items per area may be omitted.
  - o Area totals need to be adjusted if items are omitted.
  - ASQ Online automatically adjusts scores; use ASQ Calculator app for help with omitted item score adjustment calculation (or refer to ASQ-3 User's Guide).



On target screening date

- 4. Support parent to complete ASQ-3 using video conferencing or phone.
- Complete ASQ-3 together via interactive video conferencing.
  - o Go through questionnaire item-by-item and observe as many skills as possible.
  - Some items will need to be scored using <u>parent report</u>\*.
- Complete ASQ-3 together over the **telephone**.
  - Go through questionnaire item-by-item and talk about parent's observations.
- Remember this about parent report\*:
  - ASQ-3 is designed to be a parent-completed tool.
  - o Research on reliability and validity was with parent-completed questionnaires.
  - There are items that are not appropriate to try or are difficult—or impossible to observe together. Parent report may be used to score these items.
  - As needed, providers may ask the parent open-ended questions about their observations to increase confidence in their report. Here are some examples:
     "That's great that you saw/heard your child . . . ."
    - → "Can you tell me more about what you saw/heard?"
    - → "How did your child show you that? What did they do?"
    - → "What words are they using? I'll write them down."
  - Be careful how you ask the parent about their observations. You do not want to give the impression that you do not trust their report. It is much more important to maintain a positive relationship with parents. If you are doubtful about a parent report, plan to rescreen the child soon.
- 5. Document ASQ-3 item responses while video conferencing or talking to parent to complete questionnaire together, and then score it.
- Use **ASQ Online** to record responses; questionnaire scoring is automatic.
- Use a paper copy of the questionnaire and Information Summary to record and score.
- Use a **paper master of the questionnaire and Information Summary** with a plastic sleeve and dry erase marker to record and score.
- Use the Special Release fillable ASQ-3 Information Summary form to document responses to all questions—item responses in Section 5 and Overall responses in Section 3. In the Section 5 grid:
  - o Record 6 items for each of the 5 areas.
  - Either use Y, S, N, or X responses (YES, SOMETIMES, NOT YET, missing), or use points (10, 5, 0).
- Score and chart screening results as appropriate after the video conference or call.



No more than 1 week <u>after</u> screening

### 6. Discuss ASQ-3 screening results with parent using video conferencing or phone.

- Begin the meeting by celebrating the child.
- Review the completed questionnaire.
  - Highlight all the skills the child is doing (YES responses)
  - Discuss concerns noted in the Overall Section: "Can you tell me more about . . . ?"
- Review ASQ-3 results by area (with or without Information Summary).
  - On schedule areas (above cutoff): "This area is a strength; your child is right on track."
  - Monitor areas: "This is an area shows that your child would benefit from some practice. I have ideas and fun activities I can share with you."
  - Referral areas (below cutoff): "This is an area that we may want your child's health care provider or an education specialist to look at more closely."

#### 7. Determine appropriate follow-up with parent.

- The parent should take the lead in making decisions about follow-up.
- Facilitate health and agency (EI/ECSE) referrals that are safe and appropriate at this time. Use professional judgement when making referrals during this health crisis.
- Parent—child activities and resources online all can be helpful in the current situation.
  See ASQ-3 User's Guide, agesandstages.com, and ASQ Online for free resources.
  Consider sharing ASQ-3 Learning Activities by age and area for more enrichment.
- Many parents will benefit from on-going support by video conference or telephone to take advantage of follow-up resources. Continue to coach the parent about how to set up opportunities to safely play and support their child's development in the home environment.